



Study habits checklist:

Checklist questions:	Yes/No
Do you feel like you have effective study habits?	
Do you feel like you are performing as well as you possible can academically?	
Do you struggle with motivation when studying?	
Do you plan ahead and avoid procrastinating?	
Are you managing your time effectively?	

If you said no to any of the above questions, we would be happy to have a free consultation to discuss your needs and how to get the most out of your studies.

Study Habits Assessment: An in-depth measurement of the learner's current, study habits and attitudes. It helps to identify specific areas of studying that a learner might be struggling with. We provide realistic, practical solutions for improvement on those identified areas.

Areas covered:

Delayed avoidance (procrastination)

Work methods

Study habits

Educational acceptance

Teacher approval

Study attitudes

Overall study orientation

Note:

- Assessments can vary depending on the individual and what suits them best
- Assessments can be conducted online or paper-and-pencil
- Assessments can be conducted remotely or at the learner's residence
- Feedback can be delivered telephonically or face-to-face
- T's and C's Apply